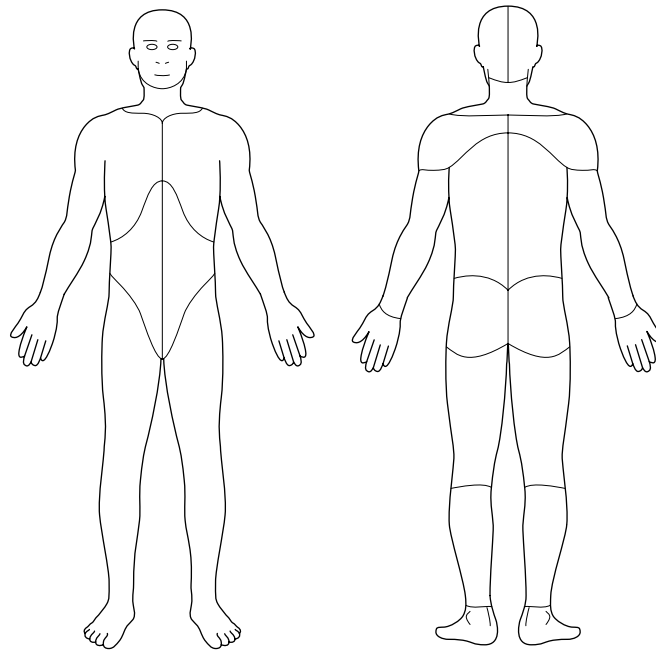


# Fibromyalgia Criteria 1990

**Requirements: For classification purposes, patients will be said to have fibromyalgia if:**

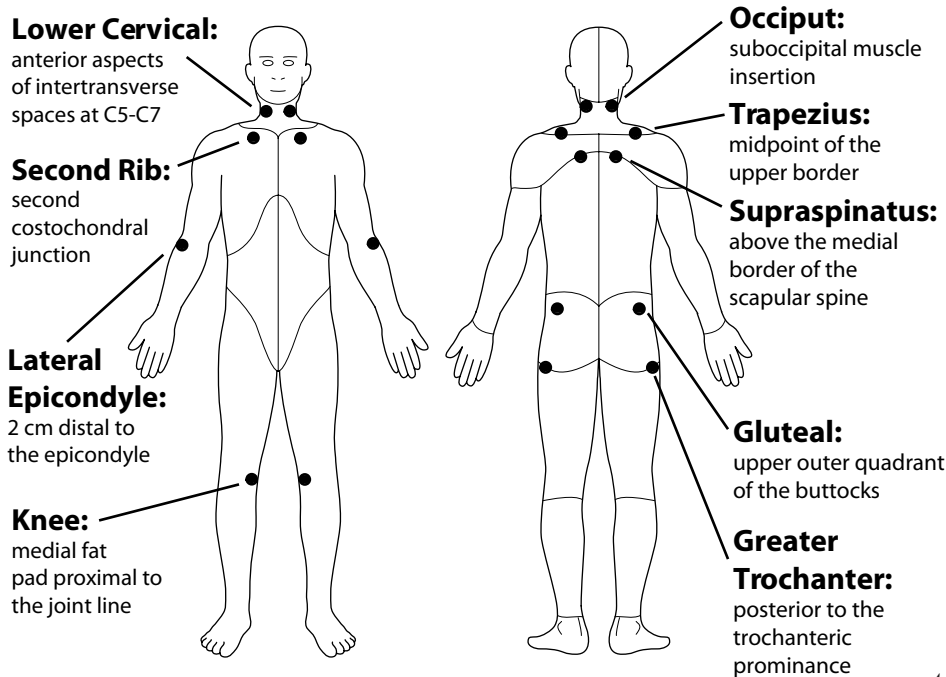
1. Widespread pain must have been present for at least 3 months AND
2. Pain in 11 of 18 tender point sites on digital palpation. The presence of a second clinical disorder does not exclude the diagnosis of fibromyalgia.

**History of Widespread Pain:** Pain is considered widespread when all of the following are present: pain in the left side of the body, pain in the right side of the body, pain above the waist, and pain below the waist. In addition, axial skeletal pain (cervical spine or anterior chest or thoracic spine or low back) must be present. In this definition, shoulder and buttock pain is considered as pain for each involved. 'Low back' pain is considered lower segment pain.



<p><b>Widespread Pain</b></p> <p><b>Yes / No</b></p>
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**Pain in 11 of 18 Tender Points on Digital Palpation:** Digital palpation should be performed with an approximate force of 4 kg; For a tender point to be considered 'positive' the subject must state that the palpation was painful. 'Tender' is not to be considered 'painful'.



<p><b>Tender Points</b></p> <p>_____ / 18</p>
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