Romosozumab is a medication used to treat thinning of the bones (called osteoporosis). Take two injections once each month. The normal dose is 210 mg (2 syringes) once a month. You, a friend, or a family member can be taught how to give the injections. Take the medication for 12 months only. Romosozumab treatment is given once a month for a maximum of 12 months.

What you need to do

Take calcium & vitamin D

To help build your bones you should take calcium & vitamin D while taking romosozumab. Your doctor will tell you the right amount of calcium and vitamin D for you.

Don't get pregnant or breastfeed

Do not take romosozumab if you are pregnant or plan to become pregnant.

Bone mineral density (BMD) testing

Your doctor will monitor your response to romosozumab by testing your BMD. This is usually done every 1 to 3 years. Talk to your doctor.

Side effects & important facts

Pain in the jaw

Medicines like romosozumab have been associated with a very rare problem with the jaw (osteonecrosis). This problem has been seen after dental work. Let your doctor know if you develop sudden pain in the jaw.

Headache

Romosozumab can rarely cause a headache.

Muscle & bone pain

Romosozumab can cause bone, muscle, or joint pain.

Heart attack or stroke

Romosozumab can slightly increase the risk of heart attack or stroke. Patients who have had a recent heart attack or stroke or experienced serious chest pain from heart disease should not take Romosozumab.

Low calcium

Romosozumab can lower the calcium in the blood. This is very rare. Tell your doctor if you develop:

- Tingling in the hands, feet, or around your mouth
- Muscle cramps or twitching
- Muscle weakness

When should I call my doctor

Please call if you need to stop

- If you feel sick and want to stop
- If you are concerned about any side effects
- If you want to or have already stopped the medicine

Other reasons to call your doctor:

- Tingling in hands, feet, or around mouth
- Pregnant or Planning Pregnancy
- New severe pain in the jaw
- Muscle cramps, pain, or weakness
- Shortness of breath or chest pain

Other important information

Stopping romosozumab

You can simply stop taking romosozumab. Please let your doctor know if you decide to stop the medication.

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