

# Pregabalin

[Pree-GABBA-Lin]  
Lyrica®

<http://Rheuminfo.com>  
your rheumatology resource

## How to use this medication

### What is it



Pregabalin is a medication used to treat different types of pain such as neuropathic pain and fibromyalgia.

### Take it two to three times a day



This medicine is taken twice or three times a day.

### Capsules



Pregabalin comes in different strength capsules. A usual starting dose is 75 mg (one capsule) twice a day.

## What you need to do

### Watch how much you eat



Pregabalin can cause weight gain. Watch what you eat when you are taking pregabalin.

## Side effects & important facts

### Dizziness & confusion



Pregabalin can make you feel dizzy. It can rarely cause confusion. Be careful driving while taking this medicine.

### Tiredness & fatigue



Pregabalin can make you feel weak and tired. Be careful driving while taking this medicine.

### Blurry vision



Pregabalin can cause blurring of the vision.

### Leg swelling



Pregabalin can cause swelling of the legs. It can also worsen a condition called congestive heart failure (CHF). Tell your doctor if you have CHF or if you develop leg swelling.

### Nausea & constipation



Pregabalin can rarely make you feel sick, cause a dry mouth, or cause constipation.

### Headache



Pregabalin can rarely cause a headache.

### Allergic reaction



Pregabalin can rarely cause an allergic reaction. Symptoms include swelling of the face, mouth, lips, gums, tongue or neck and trouble breathing. Call your doctor if this happens.

### Skin rash



Pregabalin can rarely cause an allergic rash. Stop the medicine and let your doctor know if you develop a rash, hives, or blisters.

### Pregnancy & breastfeeding



Pregabalin has not been studied in pregnancy. Let your doctor know if you are planning to get pregnant or if you are breastfeeding.

## When should I call my doctor

### Please call if you need to stop

- If you feel sick and want to stop
- If you are concerned about any side effects
- If you want to or have already stopped the medicine



### Other reasons to call your doctor:



Rash



Severe leg swelling



Shortness of breath



Allergic reaction

## Other important information

### Stopping pregabalin slowly



Pregabalin should be stopped slowly. The dose should be reduced over a week or two.