

Pregabalin

[Pre-GABBA-Lin]
Lyrica®

<http://Rheuminfo.com>
your rheumatology resource

How to use this medication

What is it



Pregabalin is a medication used to treat different types of pain such as neuropathic pain and fibromyalgia.

Take it two to three times a day



This medicine is taken twice or three times a day.

Capsules



Pregabalin comes in different strength capsules. A usual starting dose is 75 mg (one capsule) twice a day.

What you need to do

Watch how much you eat



Pregabalin can cause weight gain. Watch what you eat when you are taking pregabalin.

Side effects & important facts

Dizziness & confusion



Pregabalin can make you feel dizzy. It can rarely cause confusion. Be careful driving while taking this medicine.

Tiredness & fatigue



Pregabalin can make you feel weak and tired. Be careful driving while taking this medicine.

Blurry vision



Pregabalin can cause blurring of the vision.

Leg swelling



Pregabalin can cause swelling of the legs. It can also worsen a condition called congestive heart failure (CHF). Tell your doctor if you have CHF or if you develop leg swelling.

Nausea & constipation



Pregabalin can rarely make you feel sick, cause a dry mouth, or cause constipation.

Headache



Pregabalin can rarely cause a headache.

Allergic reaction



Pregabalin can rarely cause an allergic reaction. Symptoms include swelling of the face, mouth, lips, gums, tongue or neck and trouble breathing. Call your doctor if this happens.

Skin rash



Pregabalin can rarely cause an allergic rash. Stop the medicine and let your doctor know if you develop a rash, hives, or blisters.

Pregnancy & breastfeeding



Pregabalin has not been studied in pregnancy. Let your doctor know if you are planning to get pregnant or if you are breastfeeding.

When should I call my doctor

Please call if you need to stop



- If you feel sick and want to stop
- If you are concerned about any side effects
- If you want to or have already stopped the medicine

Other reasons to call your doctor:



Rash



Severe leg swelling



Shortness of breath



Allergic reaction

Other important information

Stopping pregabalin slowly



Pregabalin should be stopped slowly. The dose should be reduced over a week or two.